**Daily Routine and Activities Policy (Sept 2025)**

**Policy Statement:** At Little Acorns preschool, we provide structured yet flexible daily routines that offer stability, promote holistic development, and reflect each child's unique needs and interests. This policy complies with the revised Early Years Foundation Stage (EYFS, September 2025) to ensure the highest standards of care and learning.

**Daily Routine:**

* We collaborate closely with parents to create routines based on each child's age, developmental stage, specific needs, and personal preferences.
* Consideration is also given to individual health needs, and recommended developmental activities.

**Structured Routine:**

* Our daily schedule incorporates predictable and consistent routines, fostering a sense of security, stability, and emotional well-being for children.
* The structured day includes designated times for arrival, departure, meals, focused learning, group activities, and outdoor play.

**Play and Learning Activities:**

* A variety of age-appropriate, engaging activities are planned to support all developmental areas in line with EYFS 2025.
* We balance structured, adult-led activities with child-initiated play, fostering independence, exploration, and active learning.

**Outdoor Play:**

* Daily outdoor play is prioritised, weather permitting, providing enriching physical activities, sensory exploration, and opportunities to appreciate nature and environmental sustainability.
* Outdoor environments are safe, stimulating, and well-maintained to facilitate active exploration and gross motor skill development.

**Snack and Lunch Times:**

* Mealtimes promote positive eating habits, social interaction, independence, and opportunities for children to participate in age-appropriate responsibilities.

**Rest and Relaxation:**

* Quiet spaces are provided for rest or relaxation according to each child’s individual needs.

**Safety and Supervision:**

* Children's safety and well-being remain paramount throughout all routines and activities.
* Staff-to-child ratios are maintained according to EYFS standards, ensuring vigilant supervision and individual attention.
* All staff members hold current first aid certifications and are trained in effective emergency response.

**Continuous Review and Improvement:**

* Feedback from children, parents, staff, and external agencies is actively sought and utilised to continuously refine and enhance our daily routines and activity offerings.

Signed: Chairperson  
Date: September 2025